



2018

UPDATE OF THE YEAR

2018

JANUARY



24th New Multidisciplinary primary Group Meeting, Brussels

24th - ACN EP Event, Brussels

26th - IHS Corporate Roundtable, London



JANUARY



CH Online Survey

The objective: Identify potential challenges in the area of access to healthcare for patients and to inform policy-making and ensure that future the advocacy actions are developed with consideration of the special need of CH patients

2063 responses from 10 countries



Collaboration with:



FEBRUARY



Comorbidity project

The objective: To quantify at an international level how many patients affected with Migraine present comorbidity with pathologies such as Fibromyalgia, Irritable Bowel Syndrome, among others, associated with the Central Sensitivity Syndrome, presenting an immunoneuroendocrine diffusion.

Not launched yet

Survey 1: Patients with Migraine

You can find below a series of questions where you can select "Yes" or "No". In some of them, you can measure your answer according to the scale presented being 1 the lowest and 10 the highest value.

	Yes	No
1. Do you have additional pain or swelling?		
2. Do you suffer from constipation, diarrhea or irritable bowel syndrome?		
3. Do you suffer from sleep disorders?		
4. Do you suffer from vertigo and/or motion sickness?		
5. Do you suffer from dizziness or a feeling of your feet being numb, swelling or heavy legs?		
6. Do you suffer from depression?		
7. Do you suffer from anxiety disorder?		
8. Do you suffer from chronic fatigue syndrome, chronic stress or burnout?		
9. Do you suffer from irritable bowel syndrome?		
10. Do you suffer from chronic pain?		
11. Do you suffer from chronic headache?		
12. Do you suffer from chronic neck pain?		
13. Do you suffer from chronic back or neck pain?		
14. Do you suffer from chronic joint pain?		
15. Do you suffer from chronic muscle pain?		
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Collaboration with: 



MARCH



11th - 14th AMSTERDAM NOVARTIS

Day 1: Global survey results



21th - Cluster Headache Awareness Day (CHAD), Paris

22ND - TAX Consultant, Brussels

23RD - EBC Meeting, Brussels



APRIL



14th- EPF General Assembly, Brussels



18th - EFNA

Patient Preferences and Perspectives, Lisbon

APRIL



Migraine at work project

The objective of this study is to know the situation of the employee with Migraine within the companies and to compare the situation in the different participating countries.

In this way, obtaining with the resulting data the implementation of actions to improve the working environment and promote the maximum integration of the employee with migraine within the companies.

Ongoing in Spain



Collaboration with:





NEW CONSTITUTION

NEW REGISTRATION

N° 0628600778

VAT

BE0628600778

AGENDA January - April



VIDEO CONFERENCE



VIDEO CONFERENCE



EVENTS



EVENTS

MAY



10th - 13th Amsterdam - MHIPAS 1st Migraine and Headache International Patient Advocacy Summit



JUNE



EAN General Assembly

EFNA Congress

Specific Headache pannel EAN meeting

JULY



Basis for new projects and activities

Tele-conferences with different industries

AUGUST



New EMHA staff incorporation:

- Carolina Gabarda (Project Assistant)
- María Damián (Finances Intern)

Internal Organization

MTIS preparation

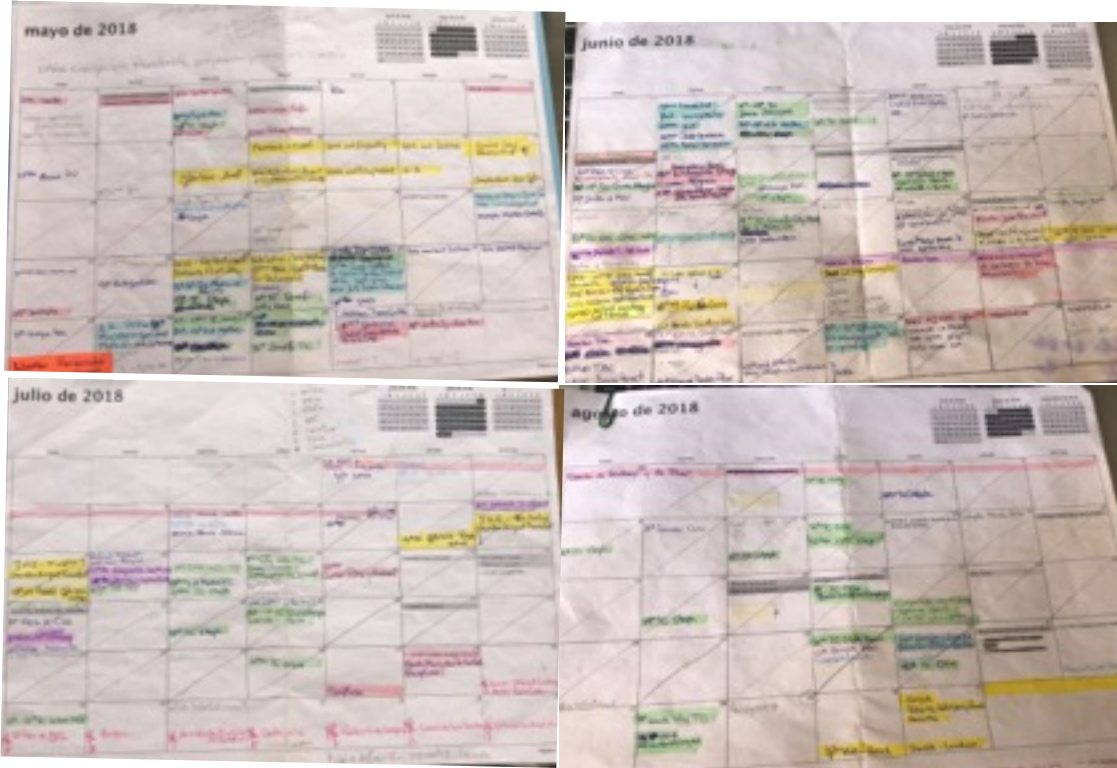






María



Carolina

AGENDA May - August



-  VIDEO CONFERENCE
-  TELE CONFERENCE
-  EVENTS
-  EVENTS

SEPTEMBER



5th - 9th

EMHA participation at MTIS, London



11th - 12th

Hellenic Headache Society, Athens



19th - 21st First Mexican International Congress, Puebla (Mexico)

27th - 29th 12th EFH Congress

SEPTEMBER



Migraine Day of Action

September 12th #MigraineBrighterFuture campaign

For this year's day of action EMHA developed an online campaign: #MigraineBrighterFuture an online campaign which involved patients all around the globe.

To participate participants had to upload a photo on social media with a caption including the hashtag #MigraineBrighterFuture and a sentence which started with: "For the chance to...". The sentence had to be some kind of action which was completely normal and easy to accomplish for anyone but a complete challenge for someone suffering from migraine.

The campaign had a reach of 24,000 and an average engagement of 67% in all social media which is great!



In collaboration with:



SEPTEMBER



Migraine and work project phase 2

Start date of the survey September 14th

Just like phase 1 the objective of this study is to know the situation of the employee with Migraine within the companies and to compare the situation in the different participating countries, but this time we have worked on some problems that were detected during the first phase.

This time participants won't need to be supervised by a healthcare experts because in several countries patients need to pay when visiting a practitioner, GP, neurologist and most patients where not willing to pay just to do the survey.

Ongoing in Europe



In collaboration with:



OCTOBER



4th - International Migraine Council Committee meeting, Zurich



5th - 7th IHS General Patient Advocacy Coalition, New York



8th - 9th

II Congress for Patient Organizations, Madrid

OCTOBER



21st - 23rd

Swedish Headquarters Society 50th anniversary
Lund University (Sweden)



22nd - Danish Headache Center Visit, Glostrup (Copenhagen)



25th

Societal Impact of Pain Steering
Committee Meeting, Brussels (Belgium)

NOVEMBER



19th - 21st
Patient Advocacy in the
Digital World, Brussels



4th - OUCH UK
Conference, Plymouth



22nd - BigData Event, Valencia

NOVEMBER-DECEMBER



26- 27 CAM Steering Committee, London (UK)

28 - EMA Workshop, London (UK)

4th - 17TH MEP 's Meeting

What's next?

